

Alvin Bodnarchuk BSPE, B.Ed., RMT, CSMTA (SF) (he/him)

- Registered Massage Therapist since 1991, CSMTA(SF) since 1998, On Sk. CSMTA Executive. Sport Massage instructor since 1996, Instructor for the CSMTA Advanced Sport Massage Course since 2023.
- Sport Scientist Canada Professional Member since 2022
- Member of the University of Saskatchewan Huskie Sport Medicine Coalition. Member of Sport Medicine and Science Council of Saskatchewan Board from 2010-2023. Member of Sport Medicine and Science Council of Saskatchewan Professional development Committee 2020-present.
- Member of the Integrated Support Team (IST) for Athletics Canada since 1996 where he supported athletes at: 1996, 2000, 2008, 2012 Summer Olympic Games, 2016 Paralympic Games, 9 IAAF World Athletics Championships from 1997- 2013, 4 Commonwealth Games, 2 Parapan Am Games, 1999 Pan Am Games, 1999 Summer World University Games.
- Member of IST with Saskatchewan High Performance Centre 1993-1995. Member of IST with Wrestling Canada, Saskatchewan Centre 2005-2010
- Member of the Canadian Core Medical Team/ Health Service Team at: 2000, 2008 Summer Olympics, 2002 Winter Olympic Games, 1999 Pan Am Games, 1985,1989 Canada Summer Games.
- Al works at the University of Saskatchewan / Merlis Belcher Place and treats at his home clinic.
- Al taught Sports Massage from 1996- 2018 at the McKay School of Massage and Hydrotherapy. Al was a lab instructor at the College of Kinesiology at the University of Saskatchewan, for the KIN 321 Sports Injury and Management class (2010-2020).
- Al presently does workshops for the Sports Medicine and Science Council of Saskatchewan in: Self Massage and the Athlete (SMaA)(a session he developed 6 years ago), Sports Wrapping and Taping (SWaT), Sport Injury Prevention and Care (SiPac) and Sleep and Performance.
- Al utilizes various techniques he has been trained in such as Soft Tissue Release and Cupping. IASTM, Active Isolated Stretching and Rapid Neurofascial Reset in his treatments.
- In 2003 received Queens Jubilee Medal for his years of dedication to Athletics Canada. Inducted into the University of Saskatchewan Huskie Wall of Fame in 2011, as a builder. Inducted into the Saskatoon Sports Hall of Fame in 2013, as a builder in Sport Medicine. Named "Friend of the College" for the college of Kinesiology at the University of Saskatchewan in 1998.

Remo Bucci RMT, CSMTA (SF), HPC (he/him)

- Registered Massage Therapist since 1995, CSMTA Sport Fellow since 2000, CSMTA Examination Chair since 2009, Instructor for the CSMTA Advanced Sport Massage Course since 2010, and CSMTA Instructor Coordinator since 2018.
- Sport Scientist Canada High-Performance Certification Leader Level since 2022
- High-Performance Advisory Council (HPAC) CSMTA Liaison from 2018-2023. HPAC Therapy Lead for Own The Podium since 2023.
- Member of the Integrated Support Team (IST) for Athletics Canada since 2010 where he supports athletes in their Daily Training Environment (DTE) as well as has supported athletes at: 2020 Summer Paralympics, 2016 Summer Olympic game, 4 Para World Championships, Senior and Junior IAAF World Championships, Pan Am and 2 Parapan Am Games.
- Member of the IST for Swim Canada since 2014 where he supports athletes in their DTE as well as he has supported athletes at the 2022 Commonwealth Games and the 2023 Pan Am Games.
- Member of the IST for Cycling Canada (Track Cycling) since 2015 where he supports athletes in their DTE as well as he supported athletes at the 2020 Summer Olympics and UCI 2019 World Track Cycling Championships.
- Member of the Canadian Core Medical Team/Health Services Team, Remo has gone to: 2006 Winter Olympics, 2004 Summer Paralympics, 2003 Summer World University Games, and 2001 Summer Canada Games.
- Remo works at Canadian Sport Institute Ontario since 2014 as part of the Sport Medicine and Sport Therapy Team as well as Safe Sport Chair.
- Remo has taught Massage Therapy for 17 years. He focused his teaching in Treatments, Assessment, Remedial Exercise, and Anatomy. He incorporates what he has taught into his treatment sessions along with Osteopathic techniques, Active Isolated Stretching, IASTM, Cupping, Performance taping, and Thai Massage.

Jeanette Dobmeier BSc, BHSc, RMT, CSMTA (SF)

- Registered Massage Therapist since 2000, Member of the CSMTA since 2008, CSMTA Sport Fellow since 2011, CSMTA National Office Director in the position of Treasurer from 2013 to 2023, Instructor for the CSMTA Advanced Sport Massage Course since 2018.
- Sport Scientist Canada Professional Member since 2022.
- Bachelor of Science (Kinesiology), Minor in Psychology, Certificate in Health and Fitness, Certificate in Liberal arts from Simon Fraser University in 1992/3, Bachelor of Health Science (Massage Therapy) from Thompson Rivers University in 2008.
- Instructor at Langara College in the Massage Therapy Program from 2014 - 2019.
- Simon Fraser University Varsity Volleyball Player 1986-1991
- Board of Director and Committee member of the BC Volleyball Association for 4 years in the 1990's
- Founder and Coach of the Excalibur Volleyball Club, a non-profit society for ages 13-18 from 1992 - 2003
- St. John Ambulance CPR and First Aid Instructor from 1993 - 1999
- Event Involvement: Canada Summer Games (2022), BC Winter Games (2018), World Rugby 7's series, Vancouver (2016 - 2023), World Women's Softball Championship (2016), World Police and Fire Games (2009) and many other single events in a variety of sports.
- Amateur Team Involvement: Simon Fraser University Men's and Women's Wrestling team (2008 - 2009 season), National Dragon Boat Men's & Mixed Premier Team (2009 season)
- Professional presentations: Paddling symposium presenter (2017, 2018, 2020), The Right Shoe Running Clinic presenter (2005, 2013), CSMTA AGM Hot Seat Question and Answer presenter (2018)
- Jeanette has been the owner of her own massage therapy practice since 2000.
- In addition to being a massage therapist, Jeanne has held numerous positions in the sports world. She has been an athlete, coach, instructor, trainer, organizer, sport first aid responder, and massage therapist with a sport focus. Her goal in using massage therapy techniques such as myofascial techniques, joint mobilizations, visceral massage, taping and sport massage is to keep her athletes and patients moving and performing at their best

Kim Mark-Goldsworthy, B.Ph.Ed., D.O.M.P., D.Sc.O., RMT, CSMTA (SF), (she/her)

- Registered Massage Therapist since 1995, CSMTA (SF) since 2003, Instructor for the CSMTA Advanced Sport Massage Course since 2007. She has been a member of the CSMTA Executive Committee (2002-2016) including the role of President (2010-2012), an examiner for the CSMTA written and practical certification exams and continues to be a member of many CSMTA committees.
- Sport Scientist Canada Professional Member since 2022.
- She was also a Board Member of SportMed BC (2003-2008).
- She was the RMT with the Victoria Salmon Kings hockey team (ECHL) through their time in Victoria (2004-2011) and continues to be the RMT with the Victoria Royals hockey team (WHL) since their inception in 2011.
- She has worked with a variety of rugby teams at the Provincial and National level since 2004. Some of these teams included the Men's Senior National 15s Team, Women's National 7s Team, and the Men's National 7s team. She was the RMT with the Men's Senior National 15s Team at The Rugby World Cup 2015 in England.
- Member of the Canadian Core Medical Team/Health Services Team, Kim has gone to: 2007 Pan Am Games (Brazil), 2007 World Junior Championships in Athletics (Poland), 2008 FISU Summer Universiade (Russia), 2012 Summer Olympics (London, England), and the 2022 Winter Olympics (Beijing, China)
- Member of the host medical teams for a variety of World Championships, Major Games, the 2010 Winter Paralympics in Vancouver, and the 2023 Canada Winter Games.
- Kim has been in a home-based practice since 2022. She has been in continuous practice in Victoria since 1995 in the sport massage field with a special interest in concussions. She has a Physical Education Degree from Brock University (1993). She has also completed 5 years of training at the Canadian School of Osteopathy in Vancouver and a thesis to graduate with a Diploma of Osteopathic Manual Practice in 2021.
- Kim works hard to balance being a mother of two, a busy practice, continuing education, and professional committee involvement. Throughout her life, her active participation in a broad array of sports including volleyball, badminton, athletics, ringette and rowing has given her the understanding of the demands and pressures of competitive sports. In her spare time, Kim currently enjoys mountain biking, hiking, paddle boarding and ice hockey.

Mike Grastein RMT, CATA(C), CMRP, CSMTA (SF), C.HT

- CSMTA Sport Fellow since 2012, CSMTA By-Laws and Policy Chair since 2014-2020, CSMTA- Ontario Chapter Treasurer since 2018-2021, and former CSMTA Board Member Secretary and PR Chair
- Sport Scientist Canada Professional Member since 2022.
- Instructor for the CSMTA Advanced Sport Massage Course since 2015.
- Certified Athletic Therapist since 1992,
- Certified Matrix Repatterning Practitioner CMRP since 2017
- CSIO casual Massage Therapist since 2015
- Massage Therapist with Swim Ontario or Quebec
- Former Head Therapist with Bryst International Soccer Academy 2000-2017
- Former Head Therapist with Ontario Soccer Association 1992-1994
- Host Medical Team - Athletics Para Pan Am Games 2015
- Member of the Canadian Core Medical Team for 2019 Summer FISU
- Emotional Detox Specialist – Positive Performance Mindset: Work with Individuals for immediate emotional relief from childhood, adolescent and sport trauma - Online
- Mike taught Massage Therapy for 12 years. Mike focused his teaching in Remedial Exercise, Physiology, and Anatomy.
- Mike divides his time between Balanced Body Breakthrough and Meridian Spine and Sport in Richmond Hill.

Kristy Wiltshire RMT, BA KIN, CSMTA (SF) (She/Her)

- Registered Massage Therapist since 2006, CSMTA Sport Fellow since 2009, Bachelors in Kinesiology and Physical education 2003 from Wilfrid Laurier University,
- Member of CSMTA Examination Committee and Education Committee, CSMTA National Office Coordinator/ Education Program Administrator since 2017 -2022.
- Sport Scientist Canada Professional Member since 2022.
- Kristy works as Casual Contract Member with Canadian Sport Institute Ontario, working at events (eg Artistic Swimming Ontario training Camp)
- Casual Member of Integrated Support Team with Cycling Canada since 2019
- Clinic Student Supervisor for Kikkawa Massage College in 2017
- CSMTA BC Chapter President 2010-2012, CSMTA ON Chapter President 2012-2016
- Kristy was selected as Alternate Massage Therapist for the 2022 Winter Olympics.
- Member of the Canadian Core Medical team for FISU Games 2011 and 2013
- Member of Host Medical Team for 2010 Winter Paralympics, 2015 Pan Am Games, 2012 and 2018 Ontario Summer Games
- Worked with Cavalia: Odyesso, and Cirque Du Soleil: Dralion Shows working and supporting athletes and performers in pre-performance and inter-performance sport massage.
- Medical Volunteer Chair and Massage Lead for the 2010 BC Summer Games
- Massage Therapist for Trinity Western University Varsity Teams 2007-2012
- Kristy Works at Burlington Sports and Spine Clinic since 2012 and Home-based Practice in Milton Ontario where she focuses on Rehabilitation, and Sports Massage.
- Kristy has taught Sports Massage with the CSMTA for 14 years. She incorporates Sport Massage techniques taught into daily practice as well as Soft tissue release, Myofascial techniques, Trigger Point Release techniques, Performance taping, and Active Isolated Stretching. Currently has taken Level 1 of Dr. Vodder's Manual Lymph drainage.